## where people experience ( . 700



# **TWIN PINES**



is located 8 miles southwest of Stroudsburg, PA, in the heart of the beautiful Pocono Mountains. Located just two and one-half hours from New York City and Philadelphia, our 205 acre facility makes it readily accessible

from several major interstate highway systems.

TWIN PINES' VISION is to provide quality facilities and opportunities where people can get away from the noise and confusion of our busy society in order to be still and listen to what God has to say. We will provide the place and the environment where God can speak and God's people can respond to His call and espouse a world view where Christ is the center of every aspect of life. Come...hear Him here...

WE BELIEVE that the Lord Jesus Christ both taught and practiced the need to "get away" for spiritual reflection and inspiration. Twin Pines is dedicated to providing a place where people of all ages can get away to a quiet place and find renewed strength.

**TWIN PINES' PURPOSE** hear HIM here is to make Christ known as the Author of His Word and His World Address Service Requested





MARCH 3-4, 2017

# CHURCH CHANGING CULTURE **SUMMIT**

2017 THEME: Depression & the Church

IN DIN CAMP. CONFERENCE & RETREAT CENTER

3000 TWIN PINES CAMP ROAD • STROUDSBURG, PA 18360 570.629.2411 • twinpines.org

# **Church Changing Culture Summit** MARCH 3-4, 2017

#### WHAT DO THE FOLLOWING HAVE IN COMMON?

- J.K. Rowling author
- · Billy Joel musician
- Dwayne Johnson wrestler, actor
- Beyoncé musician
- Drew Carrey comedian, TV gameshow host
- Ronda Rousey UFC fighter

Each struggle with the effects of a mental health condition in their lives.

#### **DID YOU KNOW?**

- Social media can impact one's mental condition
- The probability of having a major depressive episode within a year-long period is 3-5% for males and 8–10% for females
- Eating large amounts of fish may reduce the risk of depression
- Major depressive episodes are characterized by a severely depressed mood persisting for at least two weeks
- People with depression are four times as likely to develop a heart attack than those without it

It is often thought that people struggling with the mental challenge of depression have little willpower, something wrong with them personally, are antisocial or "messed-up," and that depression is something a non-Christian would never have because a Christian will always be joyful.

These concepts of depression are misnomers. Many people have wrong concepts of those with this issue, and the local church, for the most part, is not helping to make these people feel accepted and whole in His family.

This year's issue of Depression will look at the fight many have, what it is, treatment, and more importantly. what the can local church do. With knowledgeable mental health and medical professionals, participants will gain valuable information to return to their local church and make an impact for God's Kingdom.

#### **CHURCH CHANGING CULTURE SUMMIT**



# SCHEDULE

- **FRIDAY**
- 6:00 PM Check-in 7:00 PM Welcome 7:15 рм Accounts of the Struggle 8:00 pm Depression: Out of the Shadows SATURDAY

8:00 AM Breakfast / Check-in 9:00 AM SESSION I: What it is & how to know? 10:30 AM SESSION II: Current Statistics 12:30 рм Lunch SESSION III: Stigma and 1:30 pm **Biblical Aspects** SESSION IV: Treatment 3:15 PM Now what? The Church's Response 4:00 pm

Register in advance using the attached form or online at tpc3summit.eventbrite.com

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### **CHURCH CHANGING CULTURE SUMMIT**

# **REGISTRATION FORM**

All participants should register in advance. Send completed form and \$25.00 per person non-refundable deposit to:

TWIN PINES 3000 Twin Pines Camp Rd., Stroudsburg, PA 18360

#### **REGISTRATION DEADLINE: FEBRUARY 21, 2017**

NAME	
ADDRESS	
PHONE	
EMAIL	
CHURCH	
HOUSING OPTI	ONS:
Double Occupancy: Single Occupancy:	n linens, all meals, and program materials) \$80.00 x = \$90.00 x = setup:
Double Occupancy: Single Occupancy:	GING   gram materials/ho linens are provided)   \$70.00 x =   \$80.00 x =   ' (includes all meals and program materials)   \$40.00 x =
Check here for hand	licapped room:

ROOMMATE PREFERENCE

#### **PAYMENT:**

□ \$25 Deposit Enclosed	Iotal Amount Enclosed:
Full Payment Enclosed	\$
All checks should be payable to TWIN PINES.	*